

## Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

June 21-23, 2018  
The Grand Summit Lodge  
Park City, Utah

Thursday, June 21

12:45 p.m.      **Registration**

**Session I: Essential Cardiac Care for Your Athletes: The Knowledge and Skills You Need for Every Day Practice**

**Moderators:**

1:15 p.m.      **Welcome, Introduction to Conferences i/o**  
*Drs. Martinez*

1:25 p.m.      **Keynote Address: Can Sports Save Society?**  
*John Parsons, NCAA*

2:00 p.m.      **The Current State of Mandatory Athlete Screening and Other Advocacy Issues**  
*Dr. Kovacs*

2:30 p.m.      **ECG Interpretation:  
What Findings Need Further Assessment?**  
*Dr. La Gerche*

2:50 p.m.      **Refreshment Break**

3:00 p.m.      **Putting Your Interpretation Skills to the Test!  
The ECGs of the Professional, Recreational and Occupational Athlete**  
*Moderator – Dr. Baggish*  
*Panel – Drs. Emery, La Gerche, Lampert and Levine*

5:05 p.m.      **Now That You've Ordered It: Five Ways to Increase Billing**  
*Ms. Biga*

5:45 p.m.      **Coffee Break (add food here)**

6:10 p.m.      **BREAKOUT sessions – Participants Choose One**  
A. **CPET Testing and Interpretation in the Work-up of the Athlete's Heart: Show me the numbers....**  
*Drs. Baggish, Emery and Levine*

B. **Athletic Imaging 101: Essential Interpretation for the Sports Practitioner**  
*Drs. Kim, Martinez and Molossi*

7:30 p.m.      **Adjournment**

## Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies

Friday, June 22

6:45 a.m.      **Optional morning activities**

- Yoga
- Morning jog

7:45 a.m.      **Registration**  
**Continental Breakfast**

**Session II: Advanced Cardiac Imaging – Looking Better Is the Key!**  
**Moderators:**

8:30 a.m.      **Welcome back - Housekeeping**  
*Dr. Martinez*

8:40 a.m.      **The Strength of Multi-Modality Cardiac Imaging in Differentiating Athletic Adaptation from Cardiovascular Disease**  
*Dr. Baggish*

9:10 a.m.      **Alternative Imaging: Looking Deep into the Genome, Is There a Role in Athletes?**  
*Dr. Ackerman*

9:40 a.m.      **Mitral Valve, Aortic Valve, and the Aorta**

- **Mitral Valve Prolapse – Dr. Kim**
- **Bicuspid Aortic Valve and Aortopathies – Dr. Phelan**

10:40 a.m.      **Refreshment Break**

10:55 a.m.      **How Do I Assess The Right Ventricle and Counsel My Patient With...**

**Congenital heart disease**  
**Repaired Tetralogy of Fallot/ Ebstein’s Anomaly**  
*Dr. Molossi*

**Arrhythmogenic Right Ventricular Cardiomyopathy**  
*Dr. La Gerche*

11:55 a.m.      **Occult Myocardial Fibrosis and the ‘Pheidippides’ Cardiomyopathy**  
**Fact or Fallacy?**  
*Dr. La Gerche*

12:20 p.m.      **Lunch**

**Session III: Care of the Middle-aged Athlete – A Deeper Dive**  
**Moderators:**

## ***Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies***

- 12:50 p.m.**      **Myths, Legends and Truth:  
What Should I Know About Nutrition, Steroids and Pre-exercise Preparation for My  
Competitive Recreational Athletes?**  
*Dr. Chiampas*
- 1:20 p.m.**      **Hyperlipidemia, Hypertension and the Middle-aged Athlete:  
Are the Goals and Treatments the Same for Athletes?**  
*Dr. Thompson*
- 1:50 p.m.**      **The Middle-aged Athlete with Coronary Artery Disease  
Diagnostic Evaluation, Management, and Return to Exercise**  
*Dr. Thompson*
- 2:20 p.m.**      **Expanding Your Role: How to Engage the Tactical Athlete**  
*Dr. Levine*
- 2:45 p.m.**      **Adjournment**  
**Optional afternoon activity**
- Hike

### **Session IV: Discussions and Desserts**

#### **Moderators:**

- 7:00 p.m.**      **Cases and Conversations– “Here’s What I Do”**
- 9:00 p.m.**      **Adjournment**

### **Saturday, June 23**

- 7:00 a.m.**      **Continental Breakfast**

### **Session V: Arrhythmias and Athletes: Let’s Make the Decision Together**

#### **Moderators:**

- 7:45 a.m.**      **Welcome back - Housekeeping**  
**State of the Section: Updates and Action Items**  
*Dr. Martinez*
- 8:00 a.m.**      **Don’t Eliminate Exercise! Tell Them What They CAN Do**
- 1) ICD - Who CAN and Who SHOULD NOT Play?  
*Dr. Lampert*
  - 2) LQTS - Is Any QT, Too Long? What Do We Know?  
*Dr. Ackerman*
  - 3) Inherited Genetic Cardiomyopathies – Let’s Get Off the Couch!

***Care of the Athletic Heart: Contemporary Concepts, Cases and Controversies***

*Dr. Etheridge*

**9:15 a.m.**      **Shared Decision Making: Best Approaches and Documentation**  
*Drs. Ackerman, Etheridge and Lampert*

**10:05 a.m.**      **The Best Laid Plans: Emergency Action Plans for Cardiac Arrest**  
*Dr. Chiampas*

**10:30 a.m.**      **Refreshment Break**

**Session VI: Atrial Fibrillation in the Aging Endurance Athlete**

**Moderators:**

**10:45 a.m.**      **Why Does Every Older Endurance Athlete Seemingly have Atrial Fibrillation?**  
**Epidemiology, Risks, Mechanisms, and Management Strategies**  
*Dr. Chung*

**11:15 a.m.**      **Let's Debate! To Ablate or Not to Ablate...**  
**Management of Atrial Fibrillation and Athletes**

**12:00 p.m.**      **Course Adjournment**