

## AGENDA

- 9:00 – 9:15 a.m.      **Introduction and Attendee Q&A**  
C. Noel Bairey Merz, MD, FACC, FAHA, FESC
- 9:15 – 9:35 a.m.      **COVID19 - Sex Differences, Estrogen, and Inflammation**  
SPEAKER:      Chrisandra Shufelt, MD, MS, FACP, NCMP  
MODERATOR: C. Noel Bairey Merz, MD, FACC, FAHA, FESC
- 9:35 – 9:45 a.m.      **Question & Answer**
- 9:45 – 10:05 a.m.      **Ischemia with No Obstructive Coronary Artery Disease: Beyond the Angiogram**  
SPEAKER:      Janet Wei, MD, FACC, FAHA  
MODERATOR: C. Noel Bairey Merz, MD, FACC, FAHA, FESC
- 10:05 – 10:15 a.m.      **Question & Answer**
- 10:15 – 10:35 a.m.      **Ambulatory Blood Pressure Monitoring: Who, How, and Why?**  
SPEAKER:      Florian Rader, MD, FACC  
MODERATOR: C. Noel Bairey Merz, MD, FACC, FAHA, FESC
- 10:35 – 10:45 a.m.      **Question & Answer**
- 10:45 – 11:00 a.m.      **Break**
- 11:00 – 11:20 a.m.      **Case Presentation #1: Diabetes and Heart Disease**  
SPEAKER:      C. Noel Bairey Merz, MD, FACC, FAHA, FESC  
MODERATOR: Chrisandra Shufelt, MD, MS, FACP, NCMP
- 11:20 – 11:30 a.m.      **Question & Answer**
- 11:30 – 11:50 a.m.      **Case Presentation #2: Prevention of CVD in Women**  
SPEAKER:      Margo B. Minissian, PhD, ACNP, FNLA, FAHA  
MODERATOR: Chrisandra Shufelt, MD, MS, FACP, NCMP
- 11:50 – 12:00 a.m.      **Question & Answer**
- 12:00 – 12:10 a.m.      **The Benefits of a Plant-Base/ Mediterranean Nutrition Approach in Cardiovascular Disease**  
SPEAKER:      Simona Campa, MSN, ACNP-BC  
MODERATOR: Chrisandra Shufelt, MD, MS, FACP, NCMP
- 12:10 – 12:20 a.m.      **Question & Answer**
- 12:20 – 12:50 p.m.      **Q&A Panel Discussion**

Virtual - 14<sup>th</sup> Annual Women and Ischemic Heart Disease Symposium  
September 25, 2020

## AGENDA

### PANELISTS:

C. Noel Bairey Merz, MD, FACC, FAHA, FESC  
Chrisandra Shufelt, MD, MS, FACP, NCMP  
Janet Wei, MD, FACC, FAHA  
Florian Rader, MD, FACC  
Margo B. Minissian, PhD, ACNP, FNLA, FAHA

12:50 p.m.

**Adjourn**

12:50 – 1:00 p.m.

**Breakout Sessions or Exhibit options**