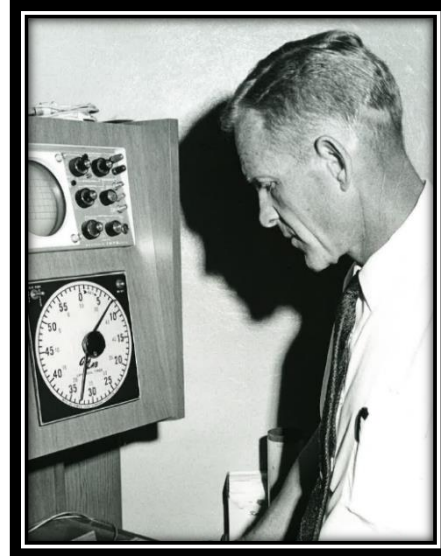
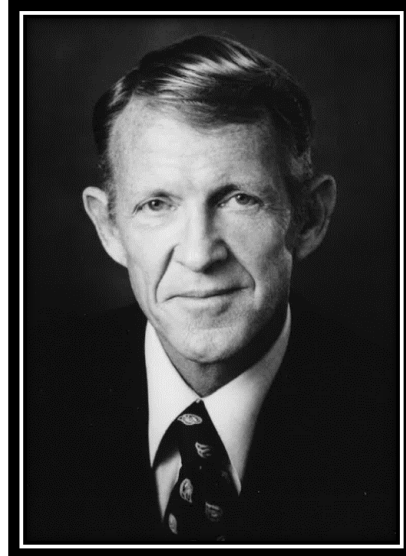


It is with deep sadness that Long Beach Memorial shares with you
the loss of a beloved colleague

Dr. Myrvin H. Ellestad



August 17, 1921—September 14, 2016

Dr. Myrvin H. Ellestad was a global pioneer in the practice of cardiology. He began working at Long Beach Memorial in May 1950 and was one of the original physicians from Seaside Hospital. Dr. Ellestad is widely recognized as the co-inventor of maximal treadmill exercise testing. His textbook, *Stress Testing: Principles & Practice* defined the field. Even at 95 years of age, Dr. Ellestad was actively involved in the completion of its 6th edition. His vision and indefatigable enthusiasm spearheaded the establishment of the Memorial Care Heart & Vascular Institute at Long Beach Memorial. Dr. Ellestad leaves behind an amazing legacy and will be greatly missed by all. He is survived by his wife, Lera, eight children, and six grandchildren.

Memorial Service

Wednesday, October 26, 2016

1:00 p.m.

Houssels Forum

Long Beach Memorial Medical Center

* For those who would like to honor Dr. Ellestad and his legacy, the Ellestad family requests that in lieu of flowers, donations may be directed to the Memorial Medical Center Foundation to support MHVI programs at Long Beach Memorial. Donations may be made by check to: Memorial Medical Center Foundation. Please note "Ellestad Memorial" on the memo line. Online donations may be made at:

<https://www.Memorialcare.org/mmcf>

Please contact Rev. Sheryl Faulk, 562-933-1452, for questions or needs.