CARDIOLOGY
in California

Spring 2016

www.CAACC.org

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GOVERNORS CORNER

GARWOOD GEE, MD, FACC

When I was elected to be your governor for Northern California, I looked back and realized I had reached a point of my career that I never imagined. The American College of Cardiology that I had joined as a fellow-in-training in 1984, at the urging of my program director, was primarily concerned with science and education. It was the organization that best provided this for the practicing cardiologist. Thirty-two years later, the profession has changed so much that I have difficulty maintaining the adequate bandwidth to grasp the role for being an effective spokesman and leader.

The challenges are many. First and still foremost, I see the educational component as the core of the national and California ACC's mission. Previously, the annual scientific sessions were the flagship event, with registration in the tens of thousands. While it is still a great and important meeting (I hope you were in Chicago in April), more and more we have to adapt to education occurring in different venues.

Education is aimed for more focused audiences and is available both in a live form and on-demand. If you have not checked out the ACC and the California ACC websites, please do so. We are especially proud of our home grown valvular heart disease initiative, CALVALVE™, that is a peer to peer and peer to patient educational initiative. We have been able to engage our Board and other California FACC's to be our CALVALVE™ educators. The CME education rolled out in March 2016. The organization continues to lead the way, with state-of-the-art content and accessibility.

Then there is everything else, in that huge bucket beyond education. In California, we have public reporting, off-site surgery PCI, in-office imaging, and the ongoing consolidation of practices. Nationally, we have the scourge of the SGR behind us, MACRA in front of us, and the challenge to all of our members of draconian Maintenance of Certification requirements. We are not alone, and I have heard the call, and used the opportunity as your governor to pick the more brilliant minds of fellow governors and of national ACC leaders. To better engage these buckets, we have modified our committee structure so that we can better meet the needs of our membership and our patients.

We are proud of the work already being done by our Quality, Carrier Advisory, Certification and Licensure, Women in Cardiology, Cardio PAC, Early Career, Public Relations, Technology and CVT Team committees. These committees are poised for a high impact 2016 and are seeking out members who want to be more engaged in state-wide activities.

There is a curse ascribed to the Chinese, "may you live in interesting times". We certainly do. I am a member of the largest group practice in California, but I actually value the opportunity to work with my colleagues within the premier professional society in medicine just as much. As your governor, I invite you to make the ACC your professional home and feel more at home with your own California State ACC Chapter. Think about your skill sets, about what you can contribute to the profession. Let me know if the chapter or I can assist you; the ACC is a platform on which we can all succeed together.

PRACTICE ADMINISTRATOR CORNER

KELLI J. NICHOLAS, CMPE

Hi Southern California ACC Practice Administrators,

As your Southern California Practice Administrator Committee Chair, I would like to introduce myself to you and see how together, we can leverage the power of the ACC to help our practices. I have been in Cardiology Practice Management for over 20 years. I joined the ACC Practice Administrator Committee solely to stay informed in this constantly changing healthcare landscape. Attending ACC committee meetings and web sessions with other ACC leaders has opened my eyes to the work they do on behalf of our cardiologists. We in the trenches rarely get to pull our heads up long enough to see the big picture and it's reassuring to know that the ACC is here to help.

Are you losing sleep over MACRA, MIPS, VBM and the rest of the alphabet soup of programs we are expected to understand? Are you signed up for the Pinnacle Registry? What does your Social Media presence look like? What do you need help with?

Let me know how you would like to be involved so we can all get more engaged. I look forward to hearing from all of you with any feedback, questions or suggestions you have.

Regards,

Kelli J. Nicholas, CMPE
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NEWS YOU CAN USE

INFORMATIONAL

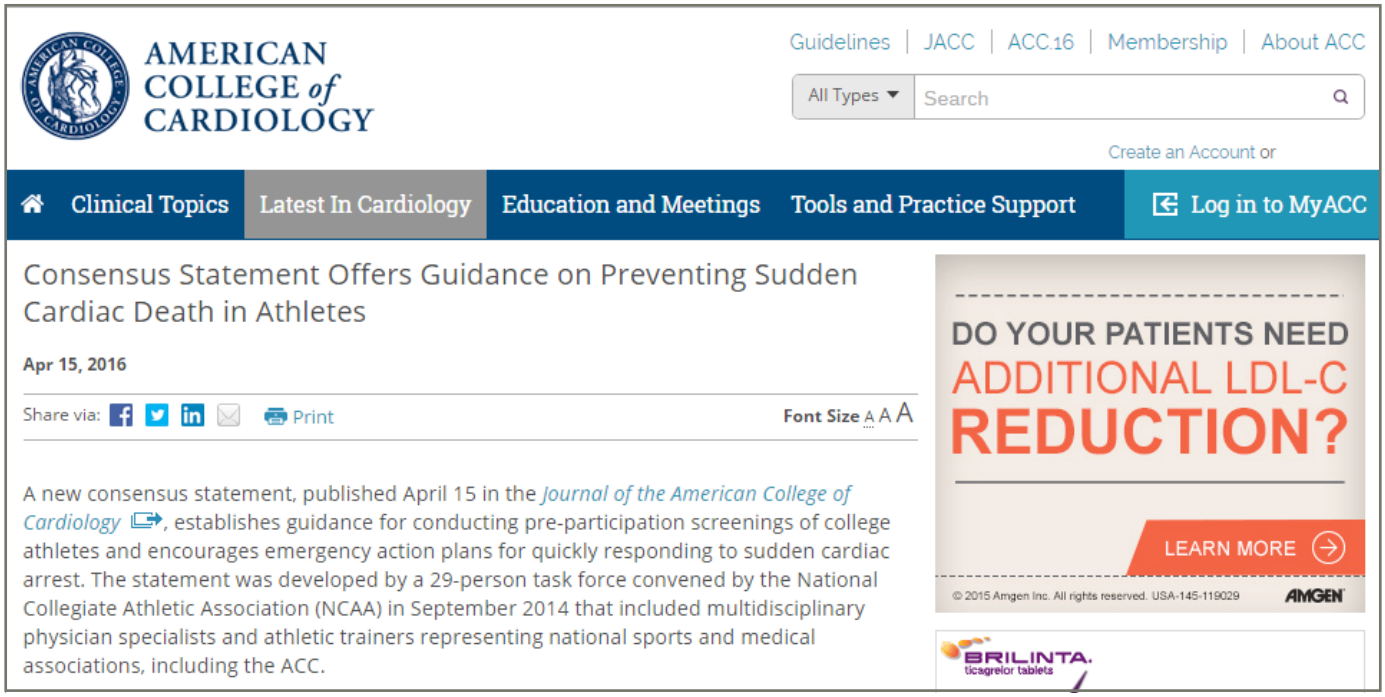
Get Full Coverage of ACC.16
From trial summaries to presentation slides, videos and news articles, get all of the hot clinical news from ACC.16 on ACC.org. Also, get perspectives from leaders on the ACC in Touch Blog and you can find wrap up videos from each day of the annual scientific sessions and hot trial videos on YouTube. You can also view the ACC.16 videos from FITs on the GO, the roving reporters who also happen to be ACC Fellows-in-Training. All of the videos are archived here. Also, check out archived tweets by searching for the official meeting hashtag #ACC16 or scroll through our live coverage of the meeting via twitter at @ACCCardioEd.

- PARTNER 2a: Transcatheter Aortic Valve Replacement Compared with Surgery in Intermediate Risk Patients with Aortic Stenosis: Final Results from the Randomized Placement of Aortic Transcatheter Valves 2 Study
- HOPE-3: Blood Pressure Lowering in People at Moderate Risk; Effects of Rosuvastatin on Cardiovascular Disease in Moderate Risk Primary Prevention in Diverse Ethnic Groups; and the Effects of Combined Lipid and BP-Lowering on Cardiovascular Disease in a Moderate Risk Global Primary Prevention Population
- GAUSS-3: Comparison of PCSK9 Inhibitor Evolocumab Versus Ezetimibe in Statin-intolerant Patients: The Goal Achievement After Utilizing an Anti-PCSK9 Antibody in Statin Intolerant Subjects 3 Trial
- FIRE and ICE: Largest Randomized Trial Demonstrates an Effective Ablation of Atrial Fibrillation
- STAMPEDE: Bariatric Surgery vs. Intensive Medical Therapy for Long-term Glycemic Control and Complications of Diabetes: Final 5-Year STAMPEDE Trial Results

Consensus Statement Offers Guidance on Preventing Sudden Cardiac Death in Athletes

A new consensus statement, published in the Journal of the American College of Cardiology, establishes guidance for conducting pre-participation screenings of college athletes and encourages emergency action plans for quickly responding to sudden cardiac arrest. The statement was developed by a 29-person task force convened by the National Collegiate Athletic Association (NCAA) in September 2014 that included multidisciplinary physician specialists and athletic trainers representing national sports and medical associations, including the ACC. The NCAA currently requires every student-athlete to undergo a pre-participation evaluation that is conducted by a physician or doctor of osteopathic medicine prior to participation in any NCAA sport. The ACC and the American Heart Association (AHA) both recommend taking an athlete's family history using the AHA's 14-point questionnaire and conducting a physical examination to determine the athlete's risk of cardiovascular disease before the athlete participates in sports.

Read more on ACC.org.



GET INVOLVED IN GRASS ROOTS

ACC ADVOCACY

Through its advocacy efforts, the ACC builds relationships with Congress, federal government agencies, state legislative and regulatory bodies, private insurers and other policy making groups to advance the College's mission of improving heart health.

In 2016, the College's advocacy priorities include creating a value-driven health care system; ensuring patient access to care and cardiovascular practice stability; promoting the use of clinical data to improve care; fostering research and innovation in cardiovascular care; and improving population health and preventing cardiovascular disease.

Member participation in advocacy efforts is crucial to shaping the future of cardiology. See how ACC members are ensuring cardiology's voice is heard at the local, state and national level. Now is the time to get involved! Find out how you can make a difference by visiting ACC.org/Advocacy or contacting your Chapter!

MACRA

MEDICARE ACCESS & CHIP REAUTHORIZATION ACT

AMERICAN COLLEGE of CARDIOLOGY

Achieving excellence as a provider of processes to maintain professional competency is one of the ACC's six strategic priorities. As part of this effort, the College is committed to helping members understand and navigate the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) as it is rolled out.

MACRA will have profound impacts on care delivery in the United States; some believe these changes will have effects of a similar magnitude to when the Medicare and Medicaid programs were established in 1965. At the broadest level, MACRA repealed the flawed Sustainable Growth Rate formula used to calculate physician payment and established a definitive framework for moving Medicare from a volume to value-based system – a framework that private payers are already beginning to follow. It is likely that movement to risk-based, value-based contracting will only accelerate.

As with many laws, MACRA is written with broad directions that will be implemented through more specific regulation by the federal agencies over the next few years. As such, many details on implementation are not yet clear.

Repeal is not likely due to economic pressure on CMS and the bipartisan nature of the law.

The early years of MACRA implementation will pose some very real challenges to physicians and patients accustomed to the current system. The ACC is already engaging the Department of Health & Human Services (HHS), CMS and others to minimize these challenges and take advantage of opportunities under the new system to support policies that facilitate evidence-based, cost-effective and high quality care.

One of the requirements of MACRA is that providers engage in Practice Improvement activities. The specifics of this requirement have not been determined; however the ACC believes that participation in NCDR registries will be an acceptable means of fulfilling this expectation. ACC staff is working towards creating specific NCDR Registry-based solutions to the performance Improvement participation requirement.

There will be opportunities for medical specialty organizations such as the ACC to have input through the regulatory process to establish how the law will function. We will be at the table!

*Note: More information is available on the ACC's online MACRA hub at www.ACC.org/MACRA. Updates are provided via the hub and through the ACC's Advocate newsletter.

ASPIRIN DOSING

MINIMIZING SIDE EFFECTS

While aspirin is widely used to prevent heart attacks and strokes in people with cardiovascular disease, research has yet to definitively determine the dose that works best while minimizing potentially serious side effects like internal bleeding. A new, large-scale pragmatic clinical trial conducted through PCORnet, an initiative of the Patient-Centered Outcomes Research Institute (PCORI), has the potential to put an end to these questions.

ADAPTABLE (Aspirin Dosing: A Patient-centric Trial Assessing Benefits and Long-Term Effectiveness), which is expected to begin enrolling patients this spring, will compare benefits and risks of two commonly used daily doses of aspirin—low-dose 81 mg and regular strength 325 mg—in as many as 20,000 patients with cardiovascular disease. Patients will be enrolled over 24 months with a maximum follow-up of 30 months and randomized to receive one of the two doses. Researchers also will compare the effects of aspirin in certain patient populations based on gender, age, and racial- and ethnic-minority affiliation and in patients with and without diabetes or chronic kidney disease.

What makes ADAPTABLE unique is that it will leverage PCORNet's networks of electronic health records (EHRs) to more quickly identify, enroll and follow a broad population and range of patients in a variety of clinical settings ranging from large health care systems to smaller practices. The trial will be led by researchers at Duke University and involve researchers, clinicians and patients at 7 PCORnet partner networks, 6 of which are based in large health systems, and 1 operated by a patient-led group.

The trial is expected to cost much less than a more conventional trial and be far more efficient. For example, researchers will have direct access to clinical data vs. needing to re-enter data into a parallel

research database. “We are striving to answer an important clinical question that interests both patients and providers in a highly efficient way that takes advantage of data that is already being collected as part of routine care,” says Robert A. Harrington, MD, co-chair of ADAPTABLE. “It’s truly better integrating research into clinical practice and helping in the construct of the learning health care system.”

ADAPTABLE includes patient involvement every step of the way. According to Matthew Roe, MD, MHS, FACC, co-principal investigator for the trial, the trial includes targeted electronic outreach and electronic follow-up with patients in order to provide answers to questions like ‘How much aspirin should be taken each day to reduce risks of heart attack or stroke’ and/or ‘Do benefits and risks differ based on dose, health, age or other circumstance’? Patient engagement is a key and defining aspect of this trial.

UPCOMING EVENTS

EVENTS

MAY

10th, 17th, 24th, 31st CEDARS SINAI MEDICAL CENTER HEART INSTITUTE GRAND ROUNDS.

Topic: To be announced. **Time: 9AM - 10AM Location:** Harvey Morse Auditorium No registration necessary **Contact:** Martha Hibbitt at: 310-432-3880 **Cardiology Grand Rounds:** Weekly on Tuesdays; 9 AM - 10 AM Click here for a schedule of upcoming topics and speakers.

10th STANFORD FRONTIERS IN CARDIOVASULAR SCIENCE WEEKLY MEETING.

ACC members and the general public are welcome to attend the weekly **Stanford Frontiers in Cardiovascular Science free of charge.** The seminar series is held **Tuesdays 12-1 PM** during Sept to June. Many of our speakers are prominent figures in cardiology.**Time:** 12PM - 1PM
Location is subject to change so please check.

11th 2ND ANNUAL SOUTHERN LOS ANGELES AND ORANGE COUNTY CARDIAC CATHETERIZATION CONFERENCE FROM MEMORIALCARE, REGIONAL CATH AND ENDORSED BY THE CALIFORNIA CHAPTER OF THE AMERICAN COLLEGE OF CARDIOLOGY

Presenters will share four interesting and provocative cases to facilitate a robust discussion on the role of interventional, surgical, and medical treatment of cardiovascular disease. **Cocktails & Dinner**: 6 PM **Presentations:** 7 PM Location: Center Club 650 Town Center Dr. Costa Mesa, CA 92626 **RSVP to Elizabeth Schmidt at (714) 378-7586 or** eschmidt@memorialcare.org **by Wednesday, May 4.**

11th **CALVALVE™ EDUCATIONAL INITIATIVE AORTIC STENOSIS: DIAGNOSIS, PROGNOSIS & TREATMENT UPDATE** Endorsed by the California Chapter of the American College of Cardiology. Presented by CalValve™, a Peer-to-Peer statewide, CME accredited valvular heart disease education program. No cost Non-ACC members welcome and encouraged. **Location:** Mills-Peninsula Medical Center. Bring your referring PCPs and all others to benefit from this info.
Register: Administrator@CAACC.org Credit: 2.0 CME

13th **12TH ANNUAL BIOMARKERS IN HEART FAILURE AND ACUTE CORONARY SYNDROMES** From Complete Conference Management and endorsed by The California Chapter of the American College of Cardiology **Location**: Estancia La Jolla Hotel & Spa 9700 N. Torrey Pines Road La Jolla, CA, 92037 Brochure | Website | Register

13th **10TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM**
From Cedars Sinai Medical Center and endorsed by The California Chapter of the American College of Cardiology This in depth educational symposium will explore gender specific issues in prevalence, risk factors, screening modalities, and medical management strategies.
Location: Cedars Sinai Medical Center, Harvey Morse Conference Center 8701 Gracie Allen Drive Los Angeles, CA 90048 Website | Register

14th **UCLA HEART FAILURE SYMPOSIUM 2016**
From UCLA Office of Continuing Medical Education and endorsed by the California Chapter of the American College of Cardiology The Symposium, in part, will discuss general heart failure treatment options focusing on lifetime mechanical circulatory support. **$35 Registration Fee**
Location: Marina del Rey Marriott 4100 Admiralty Way Marina del Rey, CA 90292
Symposium Brochure | Website | Register

18th CARDIOVASCULAR GRAND ROUNDS: ADVANCED HEART FAILURE

In Partnership with the California Chapter of the American College of Cardiology (CAACC) **Speaker**: Liviu Klein, M.D., M.S. **Time**: 7:30 AM-8:30 AM **Location**: John Muir Medical Center 2540 East Street Concord CA 94520 **Conference Room:** Concord 1 & 2. Grand Rounds will be Video-conferenced to the John Muir Walnut Creek, to connect click here. For more info, please contact Pam Lavering RN at pam.lavering@johnmuirhealth.com or Gary Gershony, MD, Director, Cardiovascular Research, Education & Technology at gary.gershony_MD@johnmuirhealth.com.

19th UCI CARDIOLOGY GRAND ROUNDS CONFERENCE

From UC Irvine, School of Medicine and endorsed by the California Chapter of the American College of Cardiology Topic: "Evidence-Based Guidelines for Improving HF Quality of Care" Speaker: Dipti Itchhaporia, M.D., FACC, FESC; Robert and Georgia Roth Endowed Chair for Excellence in Cardiac Care; Director of Disease Management Hoag Memorial Hospital Presbyterian, Newport Beach, CA **Time:** 8 AM - 9 AM Location: UC Irvine 333 City Boulevard West The City Tower, 4th Floor, Conf Room #403 Orange, CA 92868 1 CME Credit UC Irvine Series Details

24th MEETING OF LA SOCIETY OF ECHOCARDIOGRAPHY (LASE)

Topic: "How to Perform a Comprehensive and Accurate Noninvasive Hemodynamic Evaluation in Pulmonary Hypertension"
Speakers: Nelson B. Schiller, M.D. F.A.C.C., Professor of Medicine, Radiology and Anesthesia and John J. Sampson-Lucie Stern, Endowed Chair in Cardiology, UCSF 6 PM - 6:30 PM: Registration and hors d'oeuvres 6:30 - 7:30 PM: **Presentation and Discussion Location:** VA West Los Angeles 11301 Wilshire Blvd. Medical Center Building 500, Room 1281 Los Angeles, CA 90073 **Free Parking** SDMS CME credit available to LASE members.

26th UCI CARDIOLOGY GRAND ROUNDS CONFERENCE

From UC Irvine, School of Medicine and endorsed by the California Chapter of the American College of Cardiology Topic: "ACC AHA Stable Ischemic Heart Disease Guidelines"
Speaker: Julius Gardin, M.D., Professor of Medicine, Chair Department of Medicine, Hackensack University Medical Center **Time:** 8 AM - 9 AM **Location:** UC Irvine
1 CME credit UC Irvine Series Details

JUN

1st-4th NAPA VALLEY CARDIOLOGY 2016

Co-provided by the Georgia Chapter of the American College of Cardiology and Piedmont Heart Institute and endorsed by the California Chapter of the American College of Cardiology
Location: The Meritage Resort and Spa 875 Bordeaux Way, Napa, CA 94558
Agenda | Website and Registration

3rd SUCCESS WITH FAILURE: AN ADVANCED HEART DISEASE SYMPOSIUM 2016

Endorsed by California Chapter American College of Cardiology and Heart Failure Society of America. **Location**: DoubleTree 6161 W Centinela Ave. Culver City, California 90230 Website

7th, 14th, 21st, 28th CEDARS-SINAI MEDICAL CENTER HEART INSTITUTE GRAND ROUNDS

Topic: To be Announced **Speaker:** Various speakers, see website for more details **Cost**: Free Time: 9 AM - 10 AM **Location:** Cedars-Sinai - Harvey Morse Auditorium 8700 Beverly Blvd. Los Angeles, CA 90048 Map No registration necessary. **Contact:** Martha Hibbitt at 310-423-3880 Cardiology **Grand Rounds:** Weekly on Tuesdays; 9 AM - 10 AM

15th CALVALVE™ EDUCATIONAL INITIATIVE AORTIC STENOSIS: DIAGNOSIS, PROGNOSIS & TREATMENT UPDATE

Endorsed by the California Chapter of the American College of Cardiology. Presented by CalValve™, a Peer-to-Peer statewide, CME accredited valvular heart disease education program. The California Chapter launched this initiative to fulfill our commitment to educating our colleagues and enhancing the quality of care of our patients in California. **No cost Non-ACC members welcome and encouraged. Bring your referring PCPs and all others to benefit from this info. Register:** Administrator@CAACC.org

16th UCI CARDIOLOGY GRAND ROUNDS CONFERENCE

From UC Irvine, School of Medicine and endorsed by the California Chapter of the American College of Cardiology **Topic:** “Coronary Calcium Update: Evidence and Recommendations” **Speaker**: Nathan Wong, Ph.D., Professor and Director Heart Disease Prevention Program, University of California, Irvine **Time:** 8 AM - 9 AM **Location:**UC Irvine 333 City Boulevard West The City Tower, 4th Floor, Conf Room #403 Orange, CA 92868 1 CME Credit UC Irvine Series Details

18th 22ND ANNUAL SAN DIEGO HEART FAILURE SYMPOSIUM

Advances in the Recognition & Treatment of Heart Failure **Location:** Estancia La Jolla Hotel 9700 N Torrey Pines Rd, La Jolla, CA 92037 Website

20th CALVALVE™ EDUCATIONAL INITIATIVE AORTIC STENOSIS: DIAGNOSIS, PROGNOSIS & TREATMENT UPDATE

Endorsed by the California Chapter of the American College of Cardiology. Presented by CalValve, a Peer-to-Peer statewide, CME accredited valvular heart disease education program. The California Chapter launched this initiative to fulfill our commitment to educating our colleagues and enhancing the quality of care of our patients in California. **No cost Non-ACC members welcome and encouraged. Bring your referring PCPs and all others to benefit from this info. Location:** Santa Barbara Cottage Hospital **Register:** Administrator@CAACC.org

23rd UCI CARDIOLOGY GRAND ROUNDS CONFERENCE

From UC Irvine, School of Medicine and endorsed by the California Chapter of the American College of Cardiology **Topic:** "Quantification of Regional Myocardial Perfusion with Low-Dose CT" **Speaker:** Sabee Molloi, Ph.D., Professor and Vice Chairman of Research, Department of Radiological Sciences, University of California, Irvine Time: 8 AM - 9 AM **Location:** UC Irvine 333 City Boulevard West The City Tower, 4th Floor, Conf Room #403 Orange, CA 92868
1 CME Credit UC Irvine Series Details

29th CALVALVE™ EDUCATIONAL INITIATIVE AORTIC STENOSIS: DIAGNOSIS, PROGNOSIS & TREATMENT UPDATE

Endorsed by the California Chapter of the American College of Cardiology. Presented by CalValve, a Peer-to-Peer statewide, CME accredited valvular heart disease education program. **Presenter:** Dr. Vimal I Nanavati, MD, FACC, Critical Care Cardiology **Time:**12:30 PM - 1:30 PM **Location:** Alvarado Hospital Medical Center 6655 Alvarado Rd San Diego, CA 92120 **Credit**: 1.0 CME. **No cost Non-ACC members welcome and encouraged. Bring your referring PCPs and all others to benefit from this info.**
Register: Administrator@CAACC.org

JUL

20th CALVALVE™ EDUCATIONAL INITIATIVE AORTIC STENOSIS: DIAGNOSIS, PROGNOSIS & TREATMENT UPDATE

Endorsed by the California Chapter of the American College of Cardiology. Presented by CalValve™, a Peer-to-Peer statewide, CME accredited valvular heart disease education program. No cost Non-ACC members welcome and encouraged. Bring your referring PCPs and all others to benefit from this info. **Register**: Administrator@CAACC.org **Location:** Paradise Valley Hospital **Time:** TBD **Presenter:** Dr. Vimal I Nanavati, MD, FACC, Critical Care Cardiology **Credit:** 1 CME

AUG

12th 9TH ANNUAL CVT NORTHERN CONFERENCE

From The California Chapter of the American College of Cardiology Save the date | More info to follow. **Time**: 7:30 AM - 5:00 PM **Location:** Hyatt Regency San Francisco Airport 1333 Bayshore Highway Burlingame, CA 94010
CE credits are available for Registered Nurses for this course. This activity is also eligible for ACPE credit; see final CPE activity announcement, coming soon, for specific details. Register

SEP

11th-13th ACC LEGISLATIVE CONFERENCE 2016

Location: Fairmont Hotel Washington, DC More details to come. **Stay tuned at: ACC.org/LegislativeConference**

OCT

1st-7th 7TH ANNUAL CARDIOLOGY UPDATE CONFERENCE

Course director: Dipti Itchhaporia, MD, FACC More details to follow. **Please check the website for more infomation.**

13-14th PROMEDICA INTERNATIONAL CME

On behalf of the Cardiovasular Disease Management: A Case-Based Approach, 4th Annual Symposium ("CMD 2016"). Save the date! See website for more details.

13-15th 16TH ANNUAL MAUI CARDIOVASULAR SYMPOSIUM

From The San Diego Medical Program and endorsed by the Hawaii and California Chapters of the American College and Presented by John B. Gordon **Location:** Fairmont Kea Lani Maui 4100 Wailea Alanui Wailea Maui, HI 96753 For discount Fairmont Reservations, please click here to register **CME Provided by** San Diego Cardiac Center **Information:** mauisymposium@aol.com or 979-219-3710 Save the Date Info Flyer | Register For The Event

NOV

1-4th 3RD ANNUAL CARDIOCASULAR DISEASE PREVENTION CONFERENCE

Scientific programme endorsed by the World Heart Federation and the California Chapter of the American College of Cardiology **Topic:** "Global Priorities, New Guidelines and Novel Therapeutic Approaches for Reducing Cardiovascular Risk" Key Sessions Global Priorities in CVD Prevention for Achieving the WHO 2025 Goals New Guidelines for CVD. **Location:** The Annabelle Paphos, Cyprus | Website | Register

17-18th CONTROVERSIES AND ADCANCES IN THE TREATMENT OF CARDIOCASCULAR DISEASE THE 16TH SERIES

Location: Montage Beverly Hills
More details to come. Please check the website for more information.

California
CHAPTER

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http://caacc.org/

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