



BECOMING AN ACC ADVOCATE

Get started on your ACC advocacy journey by becoming an ACC Advocate with the checklist below. Each category offers opportunities to learn more about the different components of advocacy that work to improve cardiovascular care at all levels of government. Successfully complete the checklist and you'll be recognized at the next ACC Legislative Conference and in various ACC publications!

Track your progress by checking off each item of the list once it's completed. A link will be sent out monthly for you to record your progress.



TAKE ACTION

Participate in **three** action alerts. Action alerts are advocacy messages that urge agencies or lawmakers to take action or vote a certain way on bills related to cardiovascular health and various medical issues that are relevant to the profession of cardiology. Access action alerts [here](#).



MEET WITH YOUR LAWMAKERS

Participate in a meeting with your state lawmakers or an in-district meeting with your members of Congress. Check out your lawmakers' official website for information on setting up individual meetings. Additionally, many ACC chapters host visits to their state capitols to advocate on behalf of cardiovascular care with local lawmakers (contact your chapter's Governor for more information).

OR

Ask a question related to cardiovascular care at a town hall meeting with your members of Congress or state lawmakers.

OR

Call or email your lawmakers about pressing issues impacting the delivery of cardiovascular care.



ATTEND ACC'S LEGISLATIVE CONFERENCE

Join us in Washington, DC for ACC's annual Legislative Conference. This conference occurs each Fall and is focused on engaging ACC members in advocacy on the most relevant issues facing all aspects of the profession. The conference ends with attendees visiting Capitol Hill to speak directly with members of Congress and their staff.



BECOME A HEARTPAC MEMBER

[Contribute to HeartPAC](#). HeartPAC is the political action committee of ACC and is dedicated to contributing funds to federal lawmakers and candidates across the political aisle who demonstrate support for cardiovascular care and the greater medical community.



ENGAGE ON SOCIAL MEDIA

Follow the ACC Advocacy Twitter account [@Cardiology](#) and raise awareness using [#ACCAdvocacy](#) and [#ACCGrassroots](#) to promote ACC's health policy priorities.



SPREAD THE WORD

Pitch the mission of HeartPAC to at least **three** fellow ACC members at networking events to engage your colleagues in advocating for public policies that seek to improve cardiovascular care for professionals and patients alike.

